



Team Nutrition e-Newsletter – Sharing Team Nutrition Resources and Ideas November 2006

The Team Nutrition (TN) e-Newsletter is published periodically to share TN resources developed by USDA and/or by State agencies (with TN grant funding), and to share ideas for promoting healthy eating and physical activity through Team Nutrition at the State and local levels.

To review the previously published TN e-Newsletters, go to
http://healthymeals.nal.usda.gov/nal_display/index.php?info_center=14&tax_level=3&tax_subject=229&topic_id=1183&level3_id=5387

USDA announced the recipients of the FY 2006 Team Nutrition Training Grants. FNS awarded two types of grants; one is the traditional Team Nutrition Training Grants and the other is the Team Nutrition Local Wellness Demonstration Projects.

States that received the traditional Team Nutrition Training Grants will provide training and technical assistance on the 2005 Dietary Guidelines for Americans, the MyPyramid and/or MyPyramid for Kids; and develop strategies for parents, teachers and school administrators to serve as role models in practicing healthy eating and being physically active. The grant funding will also allow States to collaborate and partner with other agencies and organizations that have programs and initiatives that promote healthy eating and physical activity. For more information visit <http://teamnutrition.usda.gov/Grants/tnt06.html>

Three States received the Team Nutrition Local Wellness Demonstration Projects. They have a Cooperative Agreement with FNS for the funding period of September 2006 to September 2009. Funding will allow these States to provide training and technical assistance as well as conduct case studies to assess local wellness policy activities in individual districts; document the processes and resources used by these districts; assess changes and improvements made toward a healthier school environment; and evaluate any short or intermediate outcomes as part of local wellness policies implementation. For more information visit <http://teamnutrition.usda.gov/Grants/demoprojects06.html>

Update from the Healthy Meals Resource System. The Healthy Meals Resource System, as USDA's Training and Technical Assistance Component, assists state and local school food service and child care programs in meeting the Dietary Guidelines for Americans. By using this Resource System, child care providers and school nutrition personnel and trainers can easily locate appropriate and useful training materials available for loan from the collection of the

National Agricultural Library. Visit the new HMRS Web site which includes the [Education and Training Materials Database](#), a searchable collection of training materials for school nutrition personnel; several online [discussion groups](#) for specific target audiences; and [food safety](#) information. Other resources include the [Directory of Chefs](#), a cooperative program where chefs and school personnel are working together and [software vendors](#) for nutrient analysis.

Recent State Developed Materials

Nutrition Education of Texas

Texas Department of Agriculture Food and Nutrition Division.

Designed to help teachers incorporate nutrition education into the classroom, this searchable site provides 152 titles (lesson plans) which are related to many subject matter areas including health, science, mathematics, social studies, vocational education, fine arts, language arts and others.

<http://netx.squaremeals.org/>

Connecticut's Guidance for Healthy Snacks in Schools

Guidance for Healthy Snacks in Schools provides detailed guidance to assist schools with implementing a healthy snack program, based on the experiences of the schools that participated in Connecticut State Department of Education's (CSDE) Healthy Snack Pilot. The guide includes implementation steps, strategies for success and considerations for evaluating impact.

<http://www.state.ct.us/sde/deps/Student/NutritionEd/index.htm#Healthy>

Connecticut's Healthy Snack Pilot: Summary Data Report

The *Summary Data Report on Connecticut's Healthy Snack Pilot* provides an overview of CSDE's Healthy Snack Pilot and summarizes the results for the eight schools that participated. The report addresses several key indicators, including meal participation, food cost and available operating funds (an indicator of the funds available to cover all other food service program expenses after food cost).

<http://www.state.ct.us/sde/deps/Student/NutritionEd/index.htm#Healthy>

Washington State Team Nutrition Best Practices

Washington Superintendent of Public Instruction and Washington State University Extension.

With the goal of integrating Team Nutrition materials with other nutrition education and physical activity programs into Washington school classrooms, this booklet provides an overview of implementation strategies, success highlights, unforeseen barriers, and Web links for further details related to each objective.

<http://www.k12.wa.us/ChildNutrition/pubdocs/TeamNutritionBestPractices.pdf>

Wisconsin's Toolkit for Nutrition and Fitness through Service Learning

Wisconsin Department of Public Instruction and Wisconsin Team Nutrition Program.

This toolkit is intended to help schools implement service-learning projects that promote healthy eating and physical activity.

<http://dpi.wi.gov/fscp/pdf/tnnounbk.pdf>

For more State developed materials visit <http://healthymeals.nal.usda.gov/state.html>

About USDA's Team Nutrition - Team Nutrition is an integrated, behavior-based, comprehensive plan for promoting the nutritional health of the Nation's children. Team Nutrition uses three behavior-oriented strategies: 1) provide *training and technical assistance* to help Child Nutrition Program foodservice professionals to prepare and serve nutritious meals; 2) provide multifaceted, integrated *nutrition education* for children, their parents, and other adults who influence children's behavior; and 3) build *school and community support* to create a healthy school environment that is conducive to healthy eating and physical activity.

For more information regarding USDA's Team Nutrition and how to enroll your school as a Team Nutrition School, go to the USDA Web site at <http://teamnutrition.usda.gov/team.html>

What is New on USDA's Team Nutrition Web site? – Check it out at <http://teamnutrition.usda.gov/Default.htm>

Submit your comments and suggestions regarding this Team Nutrition e-newsletter to Desiré Stapley (dstapley@nal.usda.gov)